

WALKING TENNIS



Our Trust's official charity partner for 2024, Lincoln City Foundation, has developed an incredibly impressive range of initiatives for the benefit of the entire community, including Lincoln City fans. We highlight here yet another new initiative: Walking Tennis.

WHAT IS WALKING TENNIS?

The sessions enable everyone to give tennis a go, regardless of ability. Walking tennis is a slower version of the traditional game. There are a few special rules, designed to make it less demanding physically, while keeping it just as enjoyable. Bodies and minds are kept active. New people are met. And lots of fun is to be had!

WHEN AND WHERE ARE WALKING TENNIS SESSIONS HELD?

On Fridays, from 11.45am to 12.45pm, at the Age UK Activity Centre, Park Street, Lincoln LN1 1UQ.

DO PLACES HAVE TO BE BOOKED FOR WALKING TENNIS SESSIONS?

You can either complete the form at <https://www.lincolncityfoundation.com/walking-tennis> or simply turn up on the day.

HOW MUCH DOES EACH WALKING TENNIS SESSION COST?

£4.

HOW CAN MORE INFORMATION BE OBTAINED?

You can either use the form at <https://www.lincolncityfoundation.com/walking-tennis> or call 03455 564144 or email health@lincolncityfoundation.co.uk.

HOW CAN DONATIONS BE MADE TO SUPPORT WALKING TENNIS SESSIONS?

There are numerous ways to support the Foundation financially, including before all home games via a collection bucket that can be found at the Trust's Pod in the University of Lincoln Fan Village.